

1

2

3

4

5

6

Reapply
every 2x
Hours

Use 2x
week at
night

Use 3x
week at
night

Use every
other
night

1

2

3

4

5

6

1x
weekly

1x
weekly

2x
weekly

2x
weekly

3x
weekly

3x
weekly

purchased
at
skinterest

purchased
at
skinterest

purchased
at
skinterest

purchased
at
skinterest

alternate
with
moisturiser

use as
hydrating
mask

use cotton
round

use cotton
round